# **OUR PAIN MANAGEMENT SPECIALIST**

# Dr. Milan Mehta

MD, FIPM (South Korea), FIPP (USA)



Freedom from pain for our patients in the least painful manner.



# ULTRA MODERN INFRASTRUCTURE FOR PAIN MANAGEMENT







**Ultrasound Machine** 

Platelet Rich Plasma Harvester

C-arm (IITV)









RF Lesion generator

Dual energy 256 slice CT Scanner Most advanced 3.0T MRI

Ultra-modern Cathlab



Zydus Hospitals was established with a vision to be the leading provider in delivering healthcare services to the community and is now the most preferred destination for comprehensive medical care and treatment.

On a mission to extend world-class healthcare solutions to the community through advances in medical technology, medical research and best management practices, Zydus Hospitals has all major medical specialties, investigative and diagnostics facilities, rehabilitation and physical therapy care right under one roof.



A Complete Hospital

## Zydus Hospitals & Healthcare Research Pvt. Ltd.

Nr. Sola Bridge, S.G. Highway, Thaltej, Ahmedabad-380 054 Gujarat, India. E: infoahd@zydushospitals.com | www.zydushospitals.com

■ ZydusHospitals | ✓ @ZydusHospitals | Im/ZydusHospitals | Im

For Enquiries: +91 79 66 190 201/ 372/ 366 | Toll Free No.: 1800 123 5433

**24x7** Emergency Help line: +91 78744 12345

















# Department of **Pain Management**

Zydus Pain Clinic focuses on alleviating pain by diagnosis of the causative factors and effective management of pain to help you lead a normal life.

# DIFFERENCE BETWEEN ACUTE & CHRONIC PAIN

Acute pain is first sign that, a damage has occurred somewhere in your body, whereas Chronic pain is different, where our body keeps hurting for weeks, months, or even years after the injury. It may originate from peripheral nerves, spinal cord or brain.

#### **EFFECTS OF CHRONIC PAIN**

Chronic pain can have all kinds of effects on your quality of life and can lead to problems such as anxiety and depression, which in turn can make pain even worse.

# WHAT IS INTERVENTIONAL PAIN MANAGEMENT?

Pain Management is the 34<sup>th</sup> specialty of Medicine. It is possible to diagnose and treat chronic pain. Interventional pain management involves minimally invasive methods to manage & control pain.



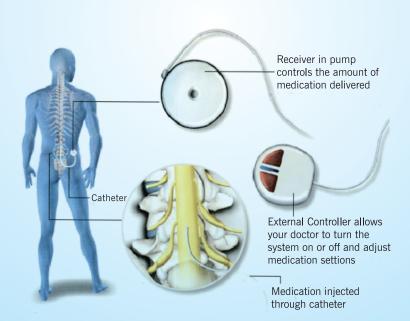












# **ADVANCED INTERVENTION**

Intrathecal pump implant

#### WHAT IT WILL TREAT?

#### Pain due to cancers of:

- Pancreas, Spleen, Stomach, Liver, Gall Bladder, Intestine, Colon, Rectum, Kidney, Urinary Bladder
- · Uterus, Ovary
- Prostate
- Head & Neck
- Breast
- Lung
- Mediastinum

# Back & Leg Pain

- Facet Pain
- Sciatica (Disc Herniation)
- Disc Tear
- Spinal Canal Stenosis
- · Post Spine Surgery Pain

### **Neck & Hand Pain**

- Cervical Facet Pain
- Cervical Disc Prolapse
- Disc Tear
- Post Spine Surgery Pain

# **Neuralgias**

- Trigeminal Neuralgia
- · Post Herpetic Neuralgia
- Occipital Neuralgia
- Glossopharyngeal Neuralgia
- Intercostal Neuralgia
- Pudendal Neuralgia

#### Joint Pain

- Shoulder Joint Pain
- Knee Joint Pain
- · Sacroiliac Joint Pain

## **Neuropathic Pain**

- · Complex Regional Pain Syndrome
- Painful Diabetic Neuropathy
- Carpal Tunnel Syndrome
- Meralgia Paresthetica
- Ischemic Pain in Extremities
- Phantom Pain
- Scar Pain

## Headache & Facial Pain

- Migraine
- Cluster Headache
- Persistent Idiopathic Facial Pain

#### Other Pain Conditions

- Tennis Flbow
- Trigger Point Pain
- Myofacial Pain
- Coccydynia
- Plantar Fasciitis

Zydus Hospital has a multi-disciplinary team that comprises;

- Pain management Specialist / Anaesthesiologists
- Neurology / Neurosurgery
- Orthopaedics / Spine Specialists
- Oncologists and Onco Surgeons
- Castra antiquel a siste & Castra Com
- Gastroenterologists & Gastro Surgeons
- Physiotherapists (Rehabilitation)

### ADVANTAGES OF PAIN MANAGEMENT

- Pain management itself is a pain less procedure
- · Minimally invasive
- Quick results
- In most of the cases it is OPD procedure
- Usually done under local anaesthesia
- No problem in living routine life

### ADVANCED INTERVENTION

Spinal Cord Stimulators

