## Scope of Services

# Medical Oncology and Haematology

- Chemotherapy
- Immunotherapy
- · Bone Marrow Transplant
- · Paediatric Oncology
- Geriatric Oncology
- Onco critical Care

#### **Surgical Oncology**

- Head and Neck
- Breast
- · GI, Lung and Thoracic
- · Cervical and Gynaecology
- Prostate and Genitourinary
- Colorectal
- · Peritoneal
- · Brain, Spine and Bone
- · Liver and Pancreas

# Plastic and Reconstructive Surgeries

#### **Radiation Oncology**

· Radiation Therapy

#### **Nuclear Medicine**

- $\cdot$  PET CT
- · SPECT
- High Dose Radionuclide Therapy

#### **Pain and Palliative Care**

# **Radiation Oncology**

Dr. Sandeep Jain

# Nuclear Medicine

Dr. Sunny Gandhi

#### Pain Management

Dr. Milan Mehta

# Cardiology

Dr. Ketan Vekariya

### Medical Oncology and Haematology

# **Medical Oncology and Haematology**

- Dr. Pankaj Shah
- Dr. Manohar Chari
- Dr. Mithun Shah
- Dr. Nahush Tahiliani

# **Bone Marrow Transplant and**

#### Haematology

- Dr. Nidhi Jain
- Dr. Akanksha Garg

#### **Onco-critical Care**

Dr. Bikas Mishra

# **Surgical Oncology**

# **HEAD AND NECK CANCER**

- Dr. Mahesh H. Patel
- Dr. Siddharth Shah
- Dr. Dipen Patel
- Dr. Supreet Bhatt

#### **GYNAECOLOGICAL CANCER**

- Dr. Ava Desai
- Dr. Mona Shah

# G.I., LUNG AND THORACIC CANCER

Dr. Mahesh D. Patel

#### **BREAST CANCER**

- Dr. Priyanka Chiripal
- Dr. Neelam Ahirwar

#### UROLOGICAL CANCER

- Dr. Mukesh Patel
- Dr. Raj Patel

#### **NEURO CANCER**

- Dr. Dipak Patel
- Dr. Kalpesh Shah

# **SPINE CANCER**

Dr. Hitesh Modi

#### **ORTHOPEDIC CANCER**

Dr. Jaymin Shah

# PLASTIC AND RECONSTRUCTIVE

- Dr. Raghuvir Solanki
- Dr. Jatin Bhojani

# **Surgeries offered at Zydus Cancer Centre:**

- Modified Radical Mastectomy
- Breast Conservation Surgery
- Various Oncoplastic Breast Surgeries including Flaps
- Lower Axillary Sampling
- Skin Sparing/ Nipple sparing Mastectomy
- Whole Breast Reconstruction (Implant based as well as Autologous)
- Nipple and Areola Reconstruction
- Breast Augmentation / Reduction



To book your appointment, call: +91 79 66190201 / 372



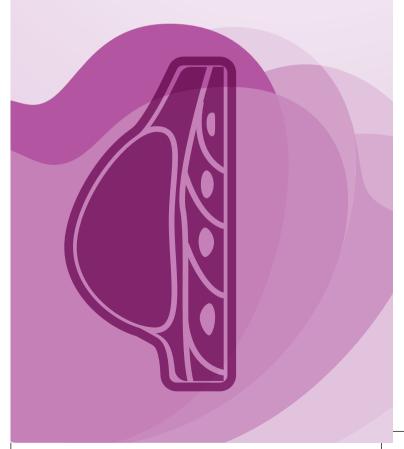
# **Zydus Cancer Centre**

Zydus Hospitals Road, S.G. Highway, Thaltej, Ahmedabad - 380 054, Gujarat. Board Line: 079-71 666 000 www.zyduscancercentre.com





# Department of **Breast Cancer**



#### What is Breast Cancer?

Breast cancer is a disease in which cells inside the breast grows and multiplies abnormally. This happen if the cell growth controlling genes in a cell no longer work properly. As a result, the cell divides uncontrollably and may form a tumor. You may be able to feel it as a lump under the skin, or you may not realize it's there at all until it's found in an imaging test, such as a Mammogram (breast x-ray).

# What are the symptoms of Breast Cancer?

- A lump or thickness in or near the breast or under the arm
- Unexplained swelling or shrinkage of the breast, particularly on one side only
- Dimpling or puckering of the breast
- Nipple discharge (fluid) other than breast milk that occurs without squeezing the nipple
- Changes in the Breast skin, such as redness, flaking, thickening, or pitting that looks like the skin of an orange
- A nipple that becomes sunken (inverted), red, thick, or scaly



Nipple discharge



Nipple retraction (Turning inward)



Redness, scaliness or thickening of the breast of nipple or breast skin



Swelling of all or part of the breast



Skin irritation or dimpling



Breast nipple pain

#### Can males have Breast Cancer?

Yes, males can also have breast cancer

# Are you at risk for getting Breast Cancer?

Your risk for Breast Cancer rises as you get older. About 80 percent of Breast Cancers are found in women over the age of 40 — many of whom have no other known risk factors for the disease. You're two to three times more likely to get Breast Cancer if you have a strong family history of the disease, but only 5 to 10 percent of breast cancers are inherited.

# How often should you be screened for Breast Cancer?

- Annual clinical breast examination by a healthcare professional starting at the age of 25
- An annual mammogram starting at the age of 40.

Note: Ask our doctors if you need frequent screenings or additional tests.

# What are the types of Breast Cancer?

- Ductal Carcinoma: Most common, forms in the milk ducts
- Lobular Carcinoma: Start in the breast's milk-producing lobules.
- Others: Rarely; cancer can start in the breast's connective tissue, a type known as sarcoma, or in the skin of the nipple-paget's disease.

## What are the stages of Breast Cancer?

If you have Breast Cancer, knowing the stage helps guide your treatment plan. Breast Cancer is typically staged with Roman numerals ranging from O (the earliest stage) to IV (the most advanced stage). Cancer stages are based on:

- Whether the cancer is invasive or non-invasive
- The size of the tumor
- Whether the cancer has spread (metastasized) to the lymph nodes, and if so, to how many of them
- Whether the cancer has spread to other parts of the body, such as the lungs or liver

#### What are the treatments for Breast Cancer?

If a clinical breast exam, a mammogram, or another imaging test shows a suspicious change in your breast, the next step is usually a biopsy. A biopsy is the only test that can make a definite diagnosis of Breast Cancer. It involves taking a sample of your breast tissue, which is checked under a microscope for cancer cells by a pathologist (a doctor who is specially trained to diagnose disease).

There are several ways to treat Breast Cancer, depending on the type and stage, including:

- Surgery
- Radiation therapy
- Chemotherapy, Hormone therapy, Targeted therapy

# **ONCOPLASTIC BREAST SURGEON**



Dr. Priyanka Chiripal
MS (Gold Medalist)
Fellow Breast Surgery
(TMH, Mumbai)
Oncoplasty Training (USA, UK)



Dr. Neelam Ahirwar

MBBS, DNB, MS (General Surgery)

DrNB (Surgical Oncology)

Breast and Oncoplastic Surgical
Oncologist

# Why Zydus Cancer Centre for treatment of Breast Cancer?

Our experts are the most efficient and follow the latest guidelines to help women with Breast Cancer avoid repeat surgeries.

- Compassionate and specially trained Breast Cancer oncologist with diverse specialities, including breast surgery, breast reconstruction, radiology, chemotherapy, pathology, and symptom management.
- Personalised Breast Cancer screening and monitoring plans for women who are at increased risk for breast cancer through our screening program. This can also include genetic counseling and testing for hereditary cancers.
- Dedicated full-time specialists so as to provide 24x7 services throughout the year. Sub-speciality based treatment of all cancers to get the best results.

#### **Our motto at Breast Services**

"Cure with Care and Cosmesis - We make sure no woman lives with a flat chest ever after!"